

## How will my information be used?

We will only use your information to check that any research information we send is relevant to you. These checks will always be carried out by NSCHT employees. Your information will never be shared with anyone outside NSCHT.

## Family members and carers

If you are a family member or carer and would like more information about 'Contact for Research', please contact us.

## Further information

For more information, please visit our website:

[www.combined.nhs.uk/about-us/research-and-development/](http://www.combined.nhs.uk/about-us/research-and-development/)

## Contact us

Research & Development Team  
R&D Office, Management Suite  
Harplands Hospital, Hilton Road  
Stoke-on-Trent, ST4 6TH  
Tel: 01782 441774 (9am-5pm)  
Email: [research@combined.nhs.uk](mailto:research@combined.nhs.uk)

## PALS

To make a comment, raise a concern or complaint, contact the Trust's Patient Advice and Liaison Service (PALS).  
Tel: 01782 275031  
Freephone: 0800 389 9676

## Other formats

If you need this leaflet in large print, braille or in another language, please call the PALS number.

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Leaflet Name: CORE Leaflet (Patients)  
Leaflet Code: Version 1.0 (July 2018)



North Staffordshire  
Combined Healthcare  
NHS Trust

# CONTACT FOR RESEARCH

INFORMATION FOR PATIENTS, CARERS AND THE PUBLIC

NSCHT is a learning, teaching and research active trust; we would like to inform you about relevant research opportunities, we hope you consent to being contacted

R&D Office  
Tel: 01782 441773  
[r&d@combined.nhs.uk](mailto:r&d@combined.nhs.uk)  
Twitter: @nschtresearch



'Contact for Research' is a way of making sure that everyone who uses our mental health services has the choice about whether they want to receive information about research.

If you are interested in receiving information about research that you may like to get involved with, please get in touch with us.

It does not mean that you will have to take part. It will always be up to you whether to find out more information about individual studies.

## What can research involve?

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There are a number of research studies taking place at North Staffordshire Combined Healthcare NHS Trust (NSCHT), looking at different mental health conditions, therapies and treatments. Being involved in research can involve filling out questionnaires, being interviewed about your experiences or trying out a new medication or type of therapy.

## Benefits of research

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- It can help us understand what treatment works and what doesn't work
- It can help improve care for everyone
- It can go on to help lots of people - not just in the UK, but all over the world

## What should I do if I am interested?

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You will need to give your consent to receiving information about research opportunities. You can do this in a number of ways:

- By informing your healthcare professional (doctor or nurse) at your initial clinic visit
- By informing your healthcare professional (doctor or nurse) at a routine clinic visit
- By informing your healthcare professional (doctor or nurse) at a home visit
- By informing the Research and Development team

## Can I change my mind?

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Yes, you can change your mind at any time. Just call or email us or ask your care team to let us know.